

The D.R.I. Insider



HAPPY BIRTHDAY !!!

Matt Harman	5/12
Gary Derr 50th Birthday!!!	6/5
Bill Blade	6/21
Matt LeMaitre	7/9
Bryan Cortellini	8/3
Sue Hess	9/15
Frank Diamente	10/30
Sean O'Connell	10/31
Robert Ewald	12/20
Kristen Diamente	2/18
Cheryl Derr	2/19

Are You Ready for the Summer Heat !!

I'm sure that all of us are glad that winter is gone and the warmer weather is just around the corner. Some tips for staying cool this summer are listed below. Along with these tips, having a proper operating air conditioning system will make this summer a breeze!

- Always remember sunscreen. Even if you are not fair skinned, you can still burn.
- Try to schedule time out in the sun for early morning or late afternoon.
- Drink lots of water. On a hot day the body requires one cup of water every 20



minutes to keep properly hydrated. Water at 55 degrees is best.

- Place a cool rag on the

back of your neck to help keep you cool.

- Wear light colored clothing. Cotton fabric is best.
- Wear a hat with a four inch brim, it helps in protecting the nose, ears, scalp, and neck areas.
- Protect your eyes. Wear sunglasses that block 99-100% of UVA & UVB radiation. Sun damage to your eyes can cause cataracts
- Protect young children. One or two blistering sunburns before the age of 18 dramatically increases the risk for skin cancer.

The damage we do to our skin when we are younger does not affect us until we are in our forties and older. Melanoma is the only cancer that is on the rise.

Indoor Air Quality

A recent national poll revealed that nearly 49% of office workers feel that indoor air quality is the one thing that they would most like to see improved in the offices where they work.

What happens when office workers get sick from poor Indoor Air Quality? Nearly 50% of those office workers linking ill health effects to poor Indoor Air Quality said

that it affected work performance, while 34% said it caused missed time at work

According to the EPA, most Americans spend 90% of their time indoors. Studies show that indoor environments sometimes can have levels of pollutants that are higher than levels found outside. EPA estimates that poor Indoor Air Quality may cost the nation tens of billion of dollars

each year in lost productivity and medical care.

This only leads to the importance of maintaining your air conditioning and heating equipment. Regularly scheduled preventive maintenance, including a simple thing as changing filter, can end up costing you less in the long run. Contact us if you would like to set up a preventive maintenance program.

Our Mission Statement

Our goal at Diversified Refrigeration, Inc is to provide the highest standard of service, coupled with a genuine sense of concern, resulting in the personal and the professional satisfaction strived for throughout life, for all parties.

Gary's Corner

Mission Statement Update

At a recent seminar I was told that mission statements are to be changed/ updated every 5-10 years because your company has grown, and it's goals and objectives have changed. Later that day I reviewed our current mission statement, and no matter how many times I reviewed it, I couldn't come up with a reason to change it. After 18 years, our mission statement still expresses our two main goals at

Diversified Refrigeration, Inc.: 1—Provide the best service possible, 2—Value the personal/professional relationships we've formed. So as usual, I will not be following the masses, and we at Diversified Refrigeration, Inc. will not be searching for a new mission statement idea. Instead we will continue following our current mission statement, the one that got us to this point. As they say, "If it ain't broke, don't fix it."

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Gary L. Derr
President D.R.I

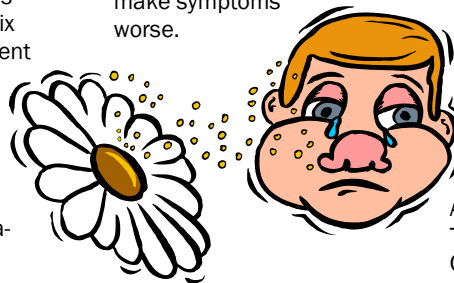
Spring Allergies

We're all happy to be having these warmer days. Spring is here! Along with the nice weather also come allergies to affect one out of every six Americans. You can't prevent allergies, but here are some tips for finding relief from common indoor allergens:

- Bedding should be washed weekly in hot water.
- Vacuum frequently to remove dust mites.

- Avoid opening the windows to "air out" the room. Outdoor pollen and mold could make symptoms worse.

- Keep your indoor air clean by changing filters in your A/C units and vents.



Now is the perfect time to have your air conditioning equipment serviced for the spring/summer months. If you don't already have a Preventive Maintenance Agreement with us, we offer a T&M (time and materials) PM. Call our office to find out more.

Matt's Word

Customers often ask, "Why should I have a Preventive Maintenance program?" With today's crazy economy it may seem that money spent on a Preventive Maintenance is not economical.

Although it may save money upfront, in the long run it could end up costing much more by not having preseason maintenance performed.

With warmer weather upon us, now is the time to think about spring cleaning and air conditioning startups. By cleaning outdoor coils and performing preventive maintenance now, it may save you and your company costly downtime due to breakdowns caused by overheating, or mechanical problems that could have been prevented.

Feel free to call us anytime for all of your service needs.

Matt

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Customer of the Month

November 2004	Wyeth Pharmeceuticals
December 2004	Bucks County Housing
January 2005	John Heley Law Firm
February 2005	Scheithauer Chevrolet
March 2005	Chiquita Bananas
April 2005	Sellersville Moose
May 2005	Hilltown Township



Recipes

Hawaiian Salad

- 1 Head of Lettuce
- 2 Hard cooked eggs
- Diced Ham
- Diced turkey or chicken
- Radishes
- Black Olives
- Onions
- Tomatoes
- Cheddar Cheese
- Cesar or Italian Dressing

Mix all ingredients in a large bowl, add dressing desired.

Great recipe for a hot summer night when you want something light!

This Month's Recipes:

- Hawaiian Salad
- Broccoli Salad
- Strawberry Glazed Fruit Salad
- Easy Pudding Dessert

Recipes (continued)

Broccoli Salad

- 2 Bunches of Broccoli
- 10 Slices of Cooked Bacon
- 1 Small onion
- Dressing:**
- 1 Cup mayo
- 2 Tablespoons of Vinegar
- 1/2 Cup of sugar

Mix cut up Broccoli, crumbled bacon and diced onion. Make dressing and toss.

Easy Pudding Dessert

- 1/2 Gallon vanilla ice cream
- 2 1/2 c. milk
- 2 pkg. Instant pudding (4 servings) vanilla or chocolate
- 60 Ritz crackers (2 inner packages)
- 4 T. butter or margarine (melted)



Strawberry Glazed Fruit Salad

- 1 qt. Fresh strawberries—halved
- 1 can (20 oz.) pineapple chunks—drained
- 4 firm bananas
- 1 jar (16 oz.) strawberry glaze

In large bowl, gently toss strawberries, pineapple and bananas. Fold in strawberry



glaze and chill for 1 hour

- 1 8oz. Topping or whipped cream
- Melt 1/2 gallon of ice cream in large mixing bowl for 1/2 hour. After ice cream is melted, slowly beat 2 1/2 cups milk into ice cream, then add 2 pkgs,

instant pudding. Blend on low speed. Crush 60 Crackers & 4 T. melted butter, mix well. Butter a dish on the bottom and press crumbs, save crumbs for top. Pour pudding mixture over crumbs & chill overnight. Top with whipped topping, sprinkle remaining crumbs on top.

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Funny Facts

1. All of the clocks in the movie Pulp Fiction are stuck on 4:20
2. The average human will eat 8 spiders while asleep in their lifetime.
3. On average, 100 people choke to death on ballpoint pens every year.
4. A dragonfly has a lifespan of 24 hours.
5. Nerve impulses to and from the brain travel as fast as 170 miles per hour.
6. At least 2 people die every year from vending machines falling on them.
7. There are 333 squares on a toilet paper roll
8. A goldfish has a memory span of 3 seconds
9. The average American will eat 35,000 cookies in his/her lifetime.
10. On average, a four-year old child asks 437 questions a day.
11. The first Harley Davidson motor cycle, built in 1903, used a tomato can for a carburetor.

New Employee

We would like to introduce our newest employee and service technician, Robert Ewald.

Rob comes to us with a vast mechanical background and is very well schooled in the industry of HVAC/R.

Rob and his wife Theresa spend the majority of their free time with their three children, Elizabeth, Jennifer, and Billy.

